

## Meet the Co-production Group

Willa Harford  
Wendy Bertram  
Vikki Wylde  
Tom Kurien  
Toby Smith  
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Paul Montgomery  
Pat Gane  
Naveed Faqir  
Michael Whitehouse  
Christian Mallen  
Chloe Scott  
Bincy Thomas  
Andrew Moore



### What motivated members to join?

- This is the fun part of research
- Improve the process for patients having knee replacement surgery
- Opportunity to help patients get the information they need
- Reduce cancellations
- Improve communication
- Help patients be better prepared for surgery
- Provide accurate, relevant information
- Reduce the time patients wait “in limbo” while on the waiting list
- Provide a standardised approach for everyone
- Improve outcomes for people after surgery

### My Knee Plan Co-production Group

My Knee Plan aims to co-produce a personalised care plan for patients waiting for and undergoing total knee replacement (TKR) to improve long-term outcomes after surgery.

A co-production group comprising five patients, five clinicians and five researchers have worked together to design the research and care plan.

The group meets regularly alongside project milestones. Patient members meet separately in-between co-production meetings, supported by a PPIE Lead and the study team.

## Member views on co-production



**Wendy Bertram**

The researchers share decision making equally with the patients who receive care and the clinicians who deliver it.

This has vastly improved the quality of our research and will produce a practical care plan that works for patients and health care professionals.

As a patient, it has been a pleasure to liaise with clinicians and researchers to try and improve life for future patients before and after knee surgery.

Hopefully with information from all sides knee surgery care can move forward, and all the patients felt this has been a really important step. For myself, having had knee surgery performed seven months ago it has been a bumpy ride... The idea that the co-production team will produce a personalised care plan for patients waiting for and undergoing knee replacement would be so incredibly helpful for future patients and make a real difference to their physical and mental wellbeing.



**Willa Harford**



**Toby Smith**

Co-production is a positive approach to share similar and different views in a respectful and safe environment on clinically challenges to collectively develop solutions to enhance patient care.



**Andrew Moore**

As a researcher, I value co-production as it allows patients, researchers and clinicians to develop a relationship that enables them to get to the heart of the matter; to value and understand each other's experiences and perspectives; and to share ideas about how to move forward and improve care for patients...and it does this in a way that hopefully feels equitable and properly informed.



**Christian Mallen**

My Knee Plan has the potential to revolutionise the way in which we support people with osteoarthritis.

What makes this study special is bringing together people with diverse interests to achieve a common goal.

I found attending and meeting with the co-production team opened up a whole new pathway & journey, allowing me to gain valuable knowledge of the complexities faced by both clinicians and patients when aiming to remove obstacles that can slow the proceedings of a full knee replacement.

Taking part in these research and co-production projects can actually be very beneficial and it is an excellent opportunity to voice your concerns or queries face to face with the professionals, which then results in answers and then giving you the power to influence change.



**Naveed Faqir**